

St Mary's

Gluten Free

Tuckshop Menu

Term 3 2018

Please have all orders in by 9.15am!!!

Hot Food

Chicken Nuggets	\$0.60ea
	Or 3 for \$1.70
Oven Baked Chicken strips	\$2.00
	Or 3 for \$5.50
Hot Dog sausage only	\$1.50
With cheese add	\$0.50

Gluten Free Sandwiches

Vegemite	\$1.50
Egg	\$2.20
Egg & Lettuce	\$2.60
Cheese	\$2.40
Cheese & Tomato	\$2.80
Ham, Cheese & Tomato	\$3.50
Ham & Cheese	\$3.00
Salad	\$3.50
Leg Ham	\$3.00
Leg Ham & Salad	\$4.20
Chicken	\$3.00
Chicken & Salad	\$4.20



*additional/extra fillings – add \$0.50
 *Salads-Tomato/Lettuce/Carrot/Cucumber/Cheese/Beetroot
 *Toasted – add \$0.40

Salad Containers

Chicken or Ham & Salad	\$4.00
Fresh garden salad	

Snacks

Apple Slinky	\$1.20	Bulla Frozen Yoghurt	\$1.80
		Lemonade Icy Pole	\$1.20

A variety of Ice blocks available over the counter



Drinks

Flavoured Milk

Banana, Chocolate, Strawberry & Iced Coffee \$2.00

NEW - Glee

Bubblegum Grape, Tropical Treat,
 Rockin' Raspberry, Blackcurrant Burst



\$2.20

Water (600ml) \$1.50

Bundy Juice –
 Orange, O/Passionfruit, O/Mango
 (300ml) \$2.00

100% Popper Juice
 - Blackcurrant & Apple, Orange,
 Apple, Tropical \$1.60

To ensure we cater for your child's Gluten Free diet, please ensure you indicate on the Order Bag that your child is wishing to purchase from the Gluten Free Menu.

Tuckshop is open 2 days per week – Wednesday & Friday

HOW TO ORDER

Please use a plain white or brown paper bag.

Write name and class towards bottom of bag, with blue or black pen as shown.

Please **DO NOT** staple or sticky tape the bag.

If change is required, write the amount on the bag.

Write on the bag, next to your child's name **GLUTEN FREE**

If paying for more than 1 order, total all orders on the bag with the money.

Use a separate bag for **Each Child for Each Break**. Please add 5c per bag as you need them.

Bundles of bags are available from the tuckshop at \$1.50 for 30 bags.

Please have all orders in by 9.15am!!!

1ST or 2ND Break

Order Total & change

Name & Class

